

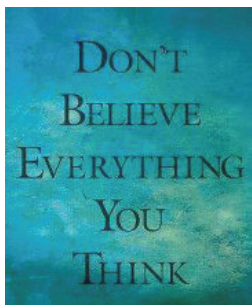


The Sing for Joy! Breakthrough Experience

A Transformational Day of Song

Open up to the joy of singing,
in a fun, safe, intensive, heart-opening,
nurturing, challenging, light-hearted
day of transformation.

Sat, September 14
10am-5pm
(bring a lunch)
at **Unity in Mills River NC**
www.unitync.net
2041 Old Fanning Bridge Road
Mills River NC
828.891.8700

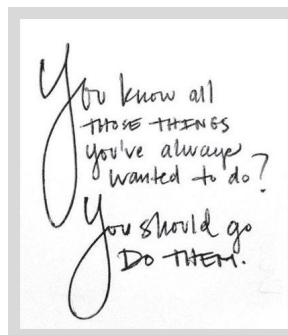


Stretch your boundaries and let your
Inner Singer come out to play.
You know you want to!

We'll sing together, we'll sing solo...
We'll play sound games...
We'll embrace our "stuff" about singing...
We'll laugh and SING FOR JOY!

This is the perfect class to dip your toes into the (singing) water if you've been afraid to sing solo. You know how you can stand on the diving board for a long, long, long time, waiting to decide to dive? Well, this happy day of transformation gets the whole thing done – and luckily, you'll be among friends & supporters and two excellent coaches!! C'mon in, the water is fine.

- It's not all about singing... it's about becoming the person you hope you can be... an effective path through what you are afraid of about yourself.
- What fear do you have around singing? Move through that fear to the freedom beyond! In a "safe" and nurturing environment, go out on the limb & find the fruit on the end of the branch! Go for it... and see what will transform for you.
- Think less, sing more, who cares?! Learn a little recklessness.
- It's never too late. Really. Your time is right NOW.
- Laugh way too much and feel younger by the time you leave.
- Lose weight (well, that might be a stretch...) But you CAN lose some of the weight on your shoulders.
- Feel the healing power of music.... as it spills over into ALL areas of your life
- Plan for Joy! Bring more joy and playfulness into your life.



The Breakthrough Experience is also wonderful for more experienced singers who want to feel relaxed & confident when singing. Experience the joy of offering your song and communicating with your audience. Feel more

at home in yourself, be naturally self-expressive, Way cool.



**Experience the synergy of two
Teachers of Voice & Life:
Terri Crosby & Lytingale**



We are looking for 6 to 20 people to come play with us.

This is for ALL levels of ability... and for teens through seniors! Our students have ranged in age from 14 to 79.... Some people read music.... and many don't.... Some have never sung in public before... and others are getting back to the stage. Wherever you are, there's a place for you!

Fee: \$75 (Non-refundable Deposit \$25; balance due at the event by cash, check, or PayPal)
Call Terri: (714) 240-4889 or Lyte: (828) 606-6749

Register here: www.singforjoy.us/contact--register.html